



Guiding Spirit to Shipping Industry

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Chennai Port
handles 35.62
million tons of
cargo....

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WMU is
authorized to
issue degrees by
the government
.....

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IMO fishing
safety
webinar series
.....

A New Dimension to Tele-medicine Onboard – Ravjyot S Khuman, Director 3Cube



In the past few years Tele-medicine has brought in a new dimension to the Delivery of Care. The advancement in this domain has been at its peak globally especially during the Pandemic.

One such organization has been focusing on Bridging the healthcare gap for seafarers and raising the standards of care for crew onboard. **3Cube Medicare's 24x7 Duty of Care services** is delivered by their highly skilled and multi-lingual team that can converse in English, Russian, Mandarin, Hindi (and other Indian languages). This has increased the level of care and accessibility, bolstering more faith in Remote medical Assistance.

Having the right information and timely access to it, is crucial for providing focused Tele-Medical assistance. **Core to 3Cube's professional approach lies a strong technological base with their own proprietary platforms.**

At 3Cube, the focus is on creating an eco-system

that integrates the efforts of all involved in the health and wellness of an individual. Skill, Training, Smart information flow, Knowledge tracking and efficient systems lead to quicker and more focused care in the golden hour. **With a strong panel of senior specialists, the team can reduce risk of exposures with fewer port visits and more recoveries onboard.**

Delivering superior crew care involves a 360-degree approach to care which also involves various efforts including:

Remote Medical Assistance by a team of doctors manned 24x7 to delivery superior and immediate care to our seafarers. A team of over 14 doctors, 10+ specialist and senior physicians that cover various languages to deliver care to the globalized industry.

Awareness is always an important step towards good health. Their wellness team sends vessels regular updates through our informative flyers and interactive programs to



Dr. Save



Dr. Ravani



Dr. Shetty

help crew members achieve better health and wellness. These topics are decided by analyzing data, from trends of underlying factors leading to medical concern and queries from seafarers.

Wellness Circuit for Mind and Body is an innovative effort, where they engage with the crew onboard to take healthy decisions about their fitness. Their dedicated wellness team builds an environment of Proactive health at an individual level through surveys, conversations, monthly goals etc. it is a collaborative commitment to enhance the standards of fitness, care and awareness among seafarers adding to their safety, preparedness and productivity.

Training Programs are key to long lasting efforts; Hence their approach to build specific, short medical training programs focusing on Mind and Body. The courses are developed in such a manner that they can be delivered even while seafarers are onboard.

Psychometric Screenings are a standard and scientific method used to measure an individual's mental health and behavior style. Just like a detailed Pre-employment which includes physical and blood parameters to gauge the health of the body a Psychometric assessment is essential to gauge the minds wellness. **They have screened over 5500 seafarers, specific trends**

and traits help the crew and the company with regarding the managing the minds at sea.

Navigating seafarers through all their Medical Concerns onboard is their primary objective. Delivering Safe, effective, patient-centric, time, efficient and equitable care and services that bridge the gap of care available onshore to that available for our seafarers Remotely.

Their continued duty of care circuit is completed by our team actively analyzing and proactively working on the data from fitness reports, medical events, medicine consumption and health surveys. This data is then used by them to actively create programs that make a positive difference.

For more information mail to: rskhuman@3cubeservices.com